

Sunday

Monday

Tuesday


Wednesday

Thursday

Friday

Saturday


NOVEMBER 2023
**Family Traditions,
 New Outlook, & Paths to Explore . . .**



<p>10:30 Coffee & Tea Social - MDR 11:00 Sharing Holiday Family Stories - MDR 11:30 U.S. Presidents - MDR 1:30 Prayer Slips - SDR with Joe Bartkow <i>Daylight Saving Time Ends</i></p> <p style="text-align: right;">5</p>	<p>10:00 Strolling Hydration 10:30 Body in Motion - SDR 10:30 Move to the Groove - WL 11:00 Word Mining - SDR 2:00 Jewelry Making - MDR 2:00 Aromatherapy - WL 2:30 Manicures - WL 3:00 Family Folklore - MDR</p> <p style="text-align: right;">6</p>	<p>10:30 Ball Toss & Score - WL 10:30 Chair Yoga - SDR 11:00 Wacky Words - WL 11:00 Categories - SDR 11:30 Veterans Luncheon - SDR VFW Post 125-Ceremony 2:00 Hand Massages - WL 2:00 The Voting Game - MDR 3:00 BINGO - MDR</p> <p style="text-align: right;">7</p>	<p>9:00 November Calendar 11:00 Password Charades - SDR 11:00 Music Circle - WL 1:30 Room Visits & Activity Pkt. 2:00 Rosary & Communion - SDR 3:00 No Bake Social - MDR 3:30 The Kindness Chain - MDR 3:45 Donna Audio Book - SDR 6:00 Gratitude Rock Art Painting - MDR</p> <p style="text-align: right;">1</p>	<p>10:30 Wii Sports - SDR 10:30 Be Wise, Exercise - WL 11:00 Balloon Volleyball - WL 11:15 Faces & Places - SDR 1:30 Room Visit & Paper Pass 2:00 Explore Space Travel-MDR 3:00 BINGO - MDR - WL</p> <p style="text-align: right;">2</p>	<p>10:00 Pet Therapy w/Tucker 10:30 Oct-a-band - SDR 11:00 Balloon Volleyball - WL 11:00 Explore the Musical Vault - SDR 11:30 Mobile Store - SDR 2:00 Lisa Bouchelle - MDR Singer Songwriter 3:00 Sports Trivia - MDR - WL</p> <p style="text-align: right;">3</p>	<p>10:30 Gazette & Card Shop - MDR 11:00 Chair Yoga Qigong - MDR 1:00 Room Visits & Activity Pkts. 2:00 BINGO - MDR 3:15 Exploring Paths to New Games - MDR</p> <p style="text-align: right;">4</p>
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<p>10:30 Coffee & Tea Social - MDR 11:30 Diwali Trivia - MDR 1:30 St. Mark's Church with Gregory Moser 2:30 Family Stories from the Holidays - MDR 3:00 Movie & Snack - MDR 4:30 Movie Review - MDR <i>Diwali (Hindi)</i></p> <p style="text-align: right;">12</p>	<p>10:00 Strolling Hydration 10:30 Body in Motion - SDR 10:30 Move to the Groove - WL 11:00 Word Mining - SDR 1:30 Room Visit & Activity Pkts. 2:00 U.S. Presidents - MDR 2:00 Aromatherapy - WL 2:30 Manicures - WL 3:00 Hand Massages- MDR</p> <p style="text-align: right;">13</p>	<p>10:30 Ball Toss & Score - WL 10:30 Be Wise Exercise - SDR 11:00 Wacky Words - WL 11:00 Categories - SDR 1:30 Rm. Visits & Activity Pkts. 2:00 Food Committee Meeting & Food Demonstration - SDR 2:30 Autumn Trivia - MDR 3:00 BINGO - MDR</p> <p style="text-align: right;">14</p>	<p>10:30 Gentle Yoga - SDR 11:00 Password Charades - SDR 11:00 Music Circle - WL 1:30 Room Visits & Activity Pkt. 2:00 Resident Council - MDR 3:00 No Bake Social - MDR 3:30 The Kindness Chain - MDR 3:45 Donna Audio Book - SDR 6:00 Gratitude Rock Art Painting - MDR</p> <p style="text-align: right;">15</p>	<p>10:00 Coffee & Snack - MDR 10:30 Wii Sports - SDR 10:30 Be Wise, Exercise - WL 11:00 Thankful Trail - WL 11:15 Faces & Places - SDR 1:30 Room Visit & Paper Pass 2:00 Mass & Communion - MDR 3:00 BINGO - MDR - WL 3:45 Balloon Volleyball - MDR</p> <p style="text-align: right;">16</p>	<p>10:00 Pet Therapy w/Tucker 10:30 Turkey Puppets - SDR 10:30 Be Wise, Exercise - WL 11:00 Balloon Volleyball - WL 11:00 Explore Life's Treasure Within - SDR 1:30 Room Visit & Paper Pass 2:00 Ceramic Village - MDR 3:00 Family Tree Trivia - MDR</p> <p style="text-align: right;">17</p>	<p>10:30 Daily Chronicle & Card Shop - MDR 11:00 Handprint Tree Craft - MDR 1:00 Room Visits & Activity Pkts. 2:00 BINGO - MDR 3:15 Exploring Paths to New Games - MDR</p> <p style="text-align: right;">18</p> <p style="text-align: center;"><small>Veterans Day Remembrance Day (Canada)</small></p>
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<p>10:30 Coffee & Tea Social - MDR 11:30 Designing Cards - MDR 1:30 Prayer Slip with Joe Bartkow - SDR 2:30 Family Stories from the Holidays - MDR 3:00 Movie & Snack - MDR 4:30 Movie Review - MDR</p> <p style="text-align: right;">19</p>	<p>10:00 Strolling Hydration 10:30 Body in Motion - SDR 10:30 Move to the Groove - WL 11:00 Word Mining - MDR 1:30 Room Visit & Activity Pkts. 2:00 Jewelry Making - MDR 2:00 Aromatherapy - WL 2:30 Manicures - WL 3:00 Surreal Memories - MDR</p> <p style="text-align: right;">20</p>	<p>10:30 Ball Toss & Score - WL 10:30 Rhythm & Movement-SDR 11:00 Wacky Words - WL 11:00 Categories - SDR 1:30 Rm. Visits & Activity Pkts. 2:00 Thanksgiving Pie Making All American w/ Rowena - MDR 3:00 BINGO - MDR 3:30 Hand Massages - WL</p> <p style="text-align: right;">21</p>	<p>10:30 Coffee & Treats - SDR 11:00 Music Circle - WL 1:30 Room Visits & Activity Pkt. 2:00 No Bake Social - MDR 3:00 Autumn Trivia - MDR 3:30 Kindness Chain - MDR 3:45 Donna Audio Book - SDR 6:00 Turkey Craft - MDR</p> <p style="text-align: right;">22</p>	<p>10:30 Qigong & Chair Yoga - SDR 11:00 Our Lives, Now and Then - SDR 11:30 Turkey Water Race- SDR 1:00 Room Visit & Paper Pass</p> <p style="text-align: right;">23</p> <p style="text-align: center;"><small>Thanksgiving Day (US)</small></p>	<p>10:00 Pet Therapy w/Tucker 10:30 Oct-a-band - SDR 10:30 Black Friday Trivia- MDR 11:00 Balloon Volleyball - WL 1:30 Room Visit & Paper Pass 2:00 Entertainment- Birthdays w/Lisa Lyman - MDR 3:00 Ceramic Village - MDR</p> <p style="text-align: right;">24</p>	<p>10:30 Daily Chronicles & Card Shop - MDR 11:00 Reminiscing Family Traditions - MDR 1:00 Room Visits & Activity Pkts. 2:00 BINGO - MDR 3:15 Exploring Paths to New Games - MDR</p> <p style="text-align: right;">25</p>
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<p>10:30 Coffee & Tea Social - MDR 11:30 Trivia of Bucks - MDR 1:30 St. Mark's Church with Gregory Moser 2:30 Sharing Holiday Family Stories - MDR 3:00 Movie & Snack - MDR 4:30 Movie Review - MDR</p> <p style="text-align: right;">26</p>	<p>10:00 Strolling Hydration 10:30 Body in Motion SDR WL 11:30 Mobile Store - SDR 1:30 Room Visit & Activity Pkts. 2:00 George Washington History, Myths and Legends w/ Pat Patrizio - MDR 3:00 Project Bird Feeders-MDR</p> <p style="text-align: right;">27</p>	<p>10:30 Ball Toss & Score - WL 10:30 Rhythm & Movement-SDR 11:00 Wacky Words - WL 11:00 Categories - SDR 1:30 Rm. Visits & Activity Pkts. 2:00 Hand Massages - WL 2:00 Forest Bathing - MDR 3:00 BINGO - MDR</p> <p style="text-align: right;">28</p>	<p>11:00 Charades - SDR 11:00 Music Circle - WL 1:30 Room Visits & Activity Pkt. 2:00 Butterflies, Birds & Critters w/Terry Neumyer 3:00 No Bake Social - MDR 3:30 The Kindness Chain - MDR 3:45 Donna Audio Book - SDR 6:00 Autumn Painting - MDR</p> <p style="text-align: right;">29</p>	<p>10:30 Wii Sports - SDR 10:30 Be Wise, Exercise - WL 11:00 Balloon Volleyball - WL 11:15 Faces & Places - SDR 1:30 Room Visit & Paper Pass 2:00 Explore Beautiful Pennsylvania - MDR 3:00 BINGO - MDR - WL 3:45 Balloon Volleyball - MDR</p> <p style="text-align: right;">30</p>	<p><i>"Showing gratitude is one of the simplest yet most powerful things humans can do for each other."</i></p> <p>Randy Pausch</p> 	
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Welcome to Our Community! Buckingham Valley Rehabilitation Center 820 Durham Road, Newtown, PA 18940, 215-598-7181 - All Activities are Subject to Change.