

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:00 Strolling October Calendar 1 10:00 Power & Strength - MDR 10:15 Move to the Music - WL 10:30 Bases Loaded w/ Laughs - MDR 10:45 Harvest Colors and Designs - WL 11:15 Baseball Door Décor - WL 2:00 Community BINGO - MDR 2:15 Hand Massages - WL 2:45 Sharing Sport Team Stories - WL 3:00 Movie Star of the Month - MDR Judy Garland, Gary Cooper, Bing Crosby 3:15 Football Pass - WL 3:45 Donna's Audio Book Club - MDR	10:00 Chair Yoga - MDR 2 10:15 Sit and Reach - WL 10:30 O.L.G. Rosary w/Gerry - MDR 10:45 Haunted House Craft - WL 11:15 Categories - WL 1:30 Fantasy Football - SDR 2:00 Pre-Jewish New Years Event for All with Neil Farber - MDR 3:00 Apples to Apples - MDR 3:15 Drumming to the Beat - WL 3:45 Modern Jeopardy Trivia - SDR 6:15 Sugar Skull Ceramic Craft - SDR Rosh Hashanah Begins	9:30 Strolling Hydration 3 10:00 Chair Yoga - MDR 10:15 Basketball Hoops - WL 10:30 Autumn Word Games - MDR 10:45 Passport Travels - WL 11:15 Painting Sport Sticks - WL 2:00 Community BINGO - MDR 2:15 Pennsylvania Sport Teams - WL 2:45 Learn the EAGLES Song - WL 3:00 Phillies Phanatic Story - MDR 3:15 Go Birds, Coloring Green - WL 3:45 Donna's Audio Book Club - MDR	10:00 Strolling Pet Therapy - MDR 4 10:15 Coloring Pink - WL 10:30 Talkin' Baseball - MDR 10:45 Halloween Craft - WL 11:15 Random Trivia - WL 2:00 Entertainment w/Nazariy - MDR 2:15 Drumming to the Beat - WL 2:45 Spooky Halloween Coloring - WL 3:00 Sassy Nail Care - SDR 4:00 Sabbath Service - SDR 6:15 Breast Cancer Awareness Think Pink Ribbons - SDR	10:00 Sports Exchange - CY 5 Topic: Philadelphia Phillies 10:30 Warmup & Stretches - CY 11:15 Ball Toss - WL 1:00 Saturday Matinee' - WL "Field of Dreams" 1:30 Baseball Word Games - MDR 2:00 Community BINGO - MDR 3:15 Baseball Stories - WL
10:00 Coffee and Tea Social - MDR 6 10:30 Sports Trivia - MDR 11:00 Show Your Fall Colors - MDR 1:30 Prayer Slips with Joe - MDR 2:00 Sunday Million Dollar Movie The Dog Who Saved Halloween - WL 2:30 Football Toss - MDR 3:00 Crochet & Knitting Club - MDR 3:30 Movie Review - WL	10:00 Chair Yoga - MDR 7 10:15 Ball Toss & Score! - WL 10:30 Mathematical Monday - MDR 10:45 Sing Along with Instruments - WL 11:15 Look it Up . . . Words - WL 2:00 History of Haunted Houses-MDR Sarah Winchester House, California 2:15 Foam Art - WL 2:45 Ballgame Sing Along - WL 3:00 Down Memory Lane - MDR 3:15 Aromatherapy & Music - WL 3:45 Manicure Mondays' - SDR 6:15 Halloween Bead Bracelets - SDR	10:00 Power & Strength - MDR 8 10:15 Move to the Music - WL 10:30 Bases Loaded w/ Laughs - MDR 10:45 Harvest Colors and Designs - WL 11:15 Baseball Door Décor - WL 1:30 Strolling Pretzels 2:00 Community BINGO - MDR 2:15 Hand Massages - WL 2:45 Sharing Sport Team Stories - WL 3:00 Movie Star of the Month - MDR Greta Garbo, Vivien Leigh, Errol Flynn 3:15 Football Pass - WL 3:45 Donna's Audio Book Club - MDR	10:00 Chair Yoga - MDR 9 10:15 Balance & Posture - WL 10:30 Chronicles & Rosary - MDR 10:45 Haunted House Craft - WL 11:15 Foam Art - WL 1:30 Fantasy Football - SDR 2:00 Sing Along w/Larry DiSalvi -MDR 2:15 Drumming to the Beat - WL 2:45 Bean Bag Toss - WL 3:00 No Bake & Tasting - MDR 3:15 Down Memory Lane - WL 3:45 Modern Jeopardy Trivia - SDR 6:15 Sugar Skull Ceramic Craft - SDR	9:30 Strolling Hydration Station 10 10:00 Chair Yoga - MDR 10:15 Basketball Hoops - WL 10:30 Autumn Word Games - MDR 10:45 Passport Travels - WL 11:15 Painting Sport Sticks - WL 2:00 Community BINGO - MDR 2:45 Learn the EAGLES Song - WL 3:00 Phillies Phanatic Story - MDR 3:15 Go Birds, Coloring Green - WL 3:45 Donna's Audio Book Club - MDR	10:00 Groove to the Move - MDR 11 10:30 Talkin' Baseball - MDR 11:30 Centennial Mobile Store - FL 10:45 Halloween Craft - WL 2:00 Superstitions & Legends of Black Cats with Pat Patrizio - MDR 2:15 Drumming to the Beat - WL 3:00 Sassy Nail Care - SDR 4:00 Sabbath Service - SDR 3:15 Understanding Yom Kippur - WL 6:15 Breast Cancer Awareness Month Reminiscing Pink Stories - SDR Yom Kippur Begins	10:00 Sports Exchange - CY 12 Topic: Philadelphia EAGLES 10:30 Warmup & Stretches - CY 11:15 Fall Craft - MDR 1:00 Saturday Matinee' - WL "Invincible" 1:30 Baseball Word Games - MDR 2:00 Entertainment w/Cacy Thomas Singer Songwriter - MDR 3:00 Community BINGO - MDR
10:00 Coffee and Tea Social - MDR 13 10:30 Sports Trivia - MDR 11:00 Football Flags - MDR 1:30 Bible Study w/Joanmarie - MDR 2:00 Sunday Million Dollar Movie The Little Vampire - WL 2:30 Football Toss - MDR 3:00 Crochet & Knitting Club - MDR 3:30 Movie Review - WL	10:00 Chair Yoga - MDR 14 10:15 Ball Toss & Score! - WL 10:30 Mathematical Monday - MDR 11:15 Look it Up . . . Words - WL 2:00 No Talent, Talent Show - MDR 2:15 Hangman & Sing Along - WL 3:00 History of Haunted Houses St. Augustine, Florida Lighthouse - MDR 3:45 History of Columbus Day - SDR 6:15 Light up Pumpkin Craft - SDR Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)	10:00 Power & Strength - MDR 15 10:15 Move to the Music - WL 10:30 Bases Loaded w/ Laughs - MDR 10:45 Harvest Colors and Designs - WL 11:15 Baseball Door Décor - WL 1:30 Food Committee Meeting - SDR 2:00 Community BINGO - MDR 2:15 Hand Massages - WL 2:45 Sharing Sport Team Stories - WL 3:00 No Bake Tasting & Trivia - MDR 3:15 Football Pass - WL 3:45 Donna's Audio Book Club - MDR	10:00 Chair Yoga - MDR 16 10:15 Balance & Posture - WL 10:30 Chronicles & Rosary - MDR 11:15 Categories - WL 1:30 Fantasy Football - SDR 2:00 Entertainment w/Mark Guenther Spooky Sing Along - MDR 2:45 Bean Bag Toss - WL 3:00 Resident Council - MDR 3:15 Why Under the Moonlit? - WL 6:15 Sugar Skull Ceramic Craft - SDR Sukkot Begins	9:30 Strolling Hydration Station 17 10:00 Chair Yoga - MDR 10:15 Basketball Hoops - WL 10:30 Autumn Word Games - MDR 10:45 Passport Travels - WL 11:15 Painting Sport Sticks - WL 2:00 O.L.G. Communion Mass - MDR 2:15 Pennsylvania Sport Teams - WL 2:45 Learn the EAGLES Song - WL 3:00 Community BINGO - MDR 3:15 Go Birds, Coloring Green - WL 3:45 Donna's Audio Book Club - MDR	10:00 Strolling Pet Therapy - MDR 18 10:30 Talkin' Baseball - MDR 10:30 Nayaz Variety Mobile Store 10:45 Halloween Craft - WL 11:15 Matching Cards - WL 2:00 Bucks County Ghost Stories With Pat Patrizio - MDR 2:15 Drumming to the Beat - WL 2:45 Sorting & Folding - WL 3:00 Sassy Nail Care - SDR 4:00 Sabbath Service - SDR 6:15 Breast Cancer Awareness Month Think Pink Ribbons Races - SDR	10:00 Sports Exchange - CY 19 Topic: Philadelphia 76'ers 10:30 Warmup & Stretches - CY 11:15 Ball Toss - WL 1:00 Saturday Matinee' - WL 1:30 Baseball Word Games - MDR 3:00 Community BINGO - MDR 3:15 Basketball Stories - WL
10:00 Coffee and Tea Social - MDR 20 10:30 Sports Trivia - MDR 11:00 Show Your Fall Colors - MDR 1:30 Prayer Slips with Joe - MDR 2:00 Sunday Million Dollar Movie Hocus Pocus - WL 2:30 Football Toss - MDR 3:00 Crochet & Knitting Club - MDR 3:30 Movie Review - WL	10:00 Chair Yoga - MDR 21 10:15 Ball Toss & Score! - WL 10:30 Mathematical Mondays - MDR 10:45 Sing Along with Instruments - WL 11:15 Look it Up . . . Words - WL 2:00 History of Haunted Houses Amityville Horror House - MDR 2:15 Hangman - WL 2:45 Ballgame Sing Along - WL 3:00 Down Memory Lane - MDR 3:15 Aromatherapy & Music - WL 3:45 Manicure Mondays - SDR 6:15 Witchcraft is a Craft - SDR	10:00 Power & Strength - MDR 22 10:15 Move to the Music - WL 10:30 Bases Loaded w/ Laughs - MDR 10:45 Harvest Colors and Designs - WL 11:15 Baseball Door Décor - WL 2:00 Community BINGO - MDR 2:15 Hand Massages - WL 2:45 Sharing Sport Team Stories - WL 3:00 Movie Star of the Month - MDR All the "James Bond" Actors 3:15 Football Pass - WL 3:45 Donna's Audio Book Club - MDR	10:00 Chair Yoga - MDR 23 10:15 Balance & Posture - WL 10:30 Chronicles & Rosary - MDR 10:45 Aromatherapy & Music - WL 11:15 Matching Farm Animals - WL 1:30 Fantasy Football - SDR 2:00 Birthday Celebration Ent. with Kathy and Lenny - MDR 2:15 Drumming to the Beat - WL 2:45 Bean Bag Toss - WL 3:00 Apples to Apples - MDR 3:45 Craft Fair - SDR 6:15 Sugar Skull Ceramic Craft - SDR	9:30 Strolling Hydration Station 24 10:00 Chair Yoga - MDR 10:15 Basketball Hoops - WL 10:30 Autumn Word Games - MDR 10:45 Passport Travels - WL 11:15 Painting Sport Sticks - WL 2:00 Community BINGO - MDR 2:15 West Lounge BINGO - WL 2:45 Learn the EAGLES Song - WL 3:00 Phillies Phanatic Story - MDR 3:15 Go Birds, Coloring Green - WL 3:45 Donna's Audio Book Club - MDR Simchat Torah Begins	10:00 Groove to the Move - MDR 25 10:15 Coloring Pink - WL 10:30 Talkin' Baseball - MDR 10:45 Halloween Craft - WL 11:15 Random Trivia - WL 11:30 Centennial Mobile Store - FL 2:00 Spooky Houses - MDR 2:15 Drumming to the Beat - WL 2:45 Sorting & Folding - WL 3:00 Sassy Nail Care - SDR 4:00 Sabbath Service - SDR 6:15 Breast Cancer Awareness Month Think Pink Reminder Checks - SDR	10:00 Sports Exchange - CY 26 Topic: Philadelphia Flyers 10:30 Warmup & Stretches - CY 11:15 Ball Toss - WL 1:00 Saturday Matinee' - WL "The Nightmare before Christmas" 1:30 Baseball Word Games - MDR 2:00 Community BINGO - MDR 3:15 Hockey Stories - WL
10:00 Coffee and Tea Social - MDR 27 10:30 Sports Trivia - MDR 11:00 Show Your Fall Colors - MDR 1:30 Bible Study w/Joanmarie - MDR 2:00 Sunday Million Dollar Movie Beetlejuice - WL 2:30 Football Toss - MDR 3:00 Crochet & Knitting Club - MDR 3:30 Movie Review - WL	10:00 Chair Yoga - MDR 28 10:15 Ball Toss & Score! - WL 10:30 Mathematical Mondays - MDR 10:45 Sing Along with Instruments - WL 11:15 Look it Up . . . Words - WL 2:00 All American Hospice Pumpkin Painting with Rowena - MDR 2:15 Hangman - WL 2:45 Ballgame Sing Along - WL 3:00 Harlow House Beverly Hills-MDR 3:15 Aromatherapy & Music - WL 3:45 Manicure Mondays - SDR 6:15 Potions and Notions - SDR	10:00 Power & Strength - MDR 29 10:15 Move to the Music - WL 10:30 Bases Loaded w/ Laughs - MDR 10:45 Harvest Colors and Designs - WL 11:15 Baseball Door Décor - WL 1:30 Lost 'n' Found - MDR 2:00 Community BINGO - MDR 2:15 Hand Massages - WL 2:45 Sharing Sport Team Stories - WL 3:00 Movie Star of the Month - MDR Fred Astaire, Mae West, Shirley Temple 3:15 Football Pass - WL 3:45 Donna's Audio Book Club - MDR	10:00 Chair Yoga - MDR 30 10:15 Balance & Posture - WL 10:30 Chronicles & Rosary - MDR 10:45 Aromatherapy & Music - WL 11:15 Categories - WL 1:30 Fantasy Football - SDR 2:00 Halloween Trick or Treat Parade Jim Laurie's Entertainment - SDR 2:15 Drumming to the Beat - WL 2:45 Bean Bag Toss - WL 3:00 No Bake Tasting & Trivia - MDR 3:15 Modern Jeopardy Trivia - WL 6:15 Sugar Skull Ceramic Craft - SDR Halloween	9:30 Strolling Hydration Station 31 10:00 Chair Yoga - MDR 10:15 Basketball Hoops - WL 10:30 Autumn Word Games - MDR 10:45 Passport Travels - WL 11:15 Painting Sport Sticks - WL 2:00 Halloween Candy BINGO - MDR 2:15 Pennsylvania Sport Teams - WL 2:45 Learn the EAGLES Song - WL 3:00 Phillies Phanatic Story - MDR 3:15 Go Birds, Coloring Green - WL 3:45 Donna's Audio Book Club - MDR	Activity Key MDR: Main Dining Room SDR: Side Dining Room WL: West Lounge FL: Fireside Lounge CY: Courtyard	

Welcome to our Community! Buckingham Valley Rehabilitation and Nursing Center – Recreation Department – 215/598-7181, Ext. 105 – All Activities are Subject to Change.